



JANUARY | 2023

MHS Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2	3	4	5	6
9 Sausage/Egg/Cheese Muffin Yogurt Parfait Cereal Variety Breakfast Bar Variety Fruit/Milk	10 Mini Waffles Cereal Variety Breakfast Bar Variety Fruit Milk	11 Sausage Gravy & Biscuit Sticks Yogurt Parfait Cereal Variety Breakfast Bar Variety Fruit/Milk	12 Pancake Wrap Cereal Variety Breakfast Bar Variety Fruit Milk	13 Breakfast Burrito Cereal Variety Breakfast Bar Variety Fruit Milk
16 No School	17 Breakfast Pizza Cereal Variety Breakfast Bar Variety Fruit Milk	18 Mini Cinni Yogurt Parfait Cereal Variety Breakfast Bar Variety Fruit Milk	19 Banana Bread Slice Cereal Variety Breakfast Bar Variety Fruit Milk	20 Egg Scramble W/Toast Yogurt Parfait Cereal Variety Breakfast Bar Variety Fruit/Milk
23 Pancake Wrap Yogurt Parfait Cereal Variety Breakfast Bar Variety Fruit Milk	24 Chicken Biscuit Cereal Variety Breakfast Bar Variety Fruit Milk	25 Sausage Gravy & Biscuit Sticks Yogurt Parfait/Cereal Variety Breakfast Bar Variety Fruit/Milk	26 Breakfast Bake Cereal Variety Breakfast Bar Variety Fruit Milk	27 Breakfast Bosco Stick Yogurt Parfait Cereal Variety Breakfast Bar Variety Fruit Milk
30 Mini Cinni Yogurt Parfait Cereal Variety Breakfast Bar Variety Fruit Milk	31 Breakfast Pizza Cereal Variety Breakfast Bar Variety Fruit Milk	1 Egg Scramble W/Toast Yogurt Parfait Cereal Variety Breakfast Bar Variety Fruit Milk	2 Banana Bread Slice Cereal Variety Breakfast Bar Variety Fruit Milk	3 French Toast Sticks Yogurt Parfait Cereal Variety Breakfast Bar Variety Fruit Milk

News

*Cereal Variety could consist of assorted cereals

*Breakfast Bar variety could consist of various breakfast bars, pastries, donuts, pop tarts

*Menu Subject to Change

*This Institution is an Equal Opportunity Provider and Employer